



# February 2019

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	Entrees	**Sandwiches & Wraps	Snacks & Sides (available for a la carte purchase)
<b>Mondays</b> Feb 4 Feb 11 Feb 18 (President's Day Holiday) Feb 25	Half Tomato Soup & Grilled Cheese Sandwich (NF) Chicken Soft Tacos (NF,GF) *Three Cheese Macaroni (NF) Southwest Chopped Salad w/ Chicken (NF, Vegetarian upon request)	BBQ Chicken Sliders (DF,NF) The Elvis Burrito (DF,NF)	*Mixed Berry & Yogurt Parfait (GF,NF) *Spiced Oven Baked Potato Fries (DF,GF,NF)
<b>Tuesdays</b> Feb 5 Feb 12 Feb 19 Feb 26 Jan 29	California Roll Sushi (GF,DF,NF) *Spaghetti with Marinara Sauce (DF, NF) Crunchy Oven Baked Chicken Strips (NF) Chicken Tortilla Soup (DF,NF)	Stuffed Turkey Burger w/ Marinara (NF) Turkey Hero Sub (NF)	*Carrot French Fries (DF,GF,NF) *Puffed Rice Snowballs (GF,NF)
<b>Wednesdays</b> Feb 6 Feb 13 Feb 20 Feb 27 Jan 30	Crunchy Oven Baked Chicken Strips (NF) Bibimbap Korean Rice Bowl w/ Chicken (NF,DF) *Three Cheese Macaroni (NF) Turkey Chili (NF,GF)	BBQ Chicken Sliders (DF,NF) *Veggie Lunch Wraps (DF,NF)	*Fresh Guacamole & Chips (DF,NF) *Chocolate Avocado Pudding (DF,GF,NF)
<b>Thursdays</b> Feb 7 Feb 14 Feb 21 Feb 28 Jan 31	California Roll Sushi (GF,DF,NF) Oven Fried Chicken & String Beans (NF) Chicken Tikka Masala (GF,NF) Southwest Chopped Salad w/ Chicken (NF, Vegetarian upon request)	Stuffed Turkey Burger w/ Marinara (NF) *Veggie Lunch Wraps (DF,NF)	*Spiced Oven Baked Potato Fries (DF,GF,NF) *Puffed Rice Snowballs (GF,NF)
<b>Fridays</b> Feb 1 Feb 8 Feb 15 Feb 22	Chicken Chow Mein (DF,NF,Vegetarian upon request) Crunchy Fish Soft Tacos (NF) *Spaghetti with Marinara Sauce (DF, NF) Chicken Tortilla Soup (DF,NF)	Turkey Hero Sub (NF) The Elvis Burrito (DF,NF)	*Hummus & Pita (DF,NF) *Mixed Berry & Yogurt Parfait (GF,NF)

\* Indicates vegetarian item

\*\* Whole Grain Bagel w/ Cream Cheese (nut free), Sunbutter & Raspberry Preserves (nut free & dairy free) and Rice Crackers with Tuna Salad Spread (gluten free, nut free, & dairy free) available daily.

DF - Dairy Free, GF - Gluten Free, NF - Nut Free

Please note that while we do offer gluten-free and nut free items, our kitchen is not a gluten free or nut free facility.