



August 2023

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	Entrees	**Sandwiches/Wraps, Soup/Salad	Snacks & Sides (available for a la carte purchase)
Mondays Aug 7 Aug 14 Aug 21 Aug 28	Chicken Fried Rice (GF,DF,NF,Vegetarian upon request) Oven Baked Chicken Strips (NF) *Three Cheese Macaroni (NF)	*Pasta Salad (NF) *Homestyle Chicken Noodle Soup (NF)	*Carrot French Fries (DF,GF,NF)
Tuesdays Aug 1 Aug 8 Aug 15 Aug 22 Aug 29	*Buttered Noodles (NF) California Roll (GF,DF,NF) Grilled Teriyaki Chicken Bowl (NF)	Chicken Quesadilla (NF) Southwest Chopped Salad w/ Chicken (NF, Vegetarian upon request)	*Hummus & Pita (DF,NF)
Wednesdays Aug 3 Aug 10 Aug 17 Aug 24 Aug 31	*Three Cheese Macaroni (NF) Breakfast Platter (DF,NF) Spaghetti & Meatballs (NF,Vegetarian upon request)	Turkey Burger (NF) *Homestyle Chicken Noodle Soup (NF)	*Fresh Guacamole & Chips (DF,NF)
Thursdays Aug 4 Aug 11 Aug 18 Aug 25	Oven Baked Chicken Strips (NF) *Breakfast Flat Bread (NF) Chicken Fried Rice (GF,DF,NF,Vegetarian upon request)	*Grilled Cheese Sandwich w/ Tomato (NF) *Homestyle Chicken Noodle Soup (NF)	Chia Pudding (DF,GF,NF)
Fridays Aug 5 Aug 12 Aug 19 Aug 26	Chicken Katsu (NF,DF) Mediterranean Flat Bread (NF) Spaghetti & Meatballs (NF,Vegetarian upon request)	Gyro Sandwich (NF) Southwest Chopped Salad w/ Chicken (NF, Vegetarian upon request)	*Spiced Oven Baked Potato Wedges (DF,GF,NF)

* Indicates vegetarian item

** Whole Grain Bagel w/ Cream Cheese (nut free), Sunbutter & Raspberry Preserves (nut free & dairy free) , Rice Crackers with Tuna Salad Spread (gluten free, nut free, & dairy free), and Cheese Quesadilla (nut free) available daily.

DF - Dairy Free, GF - Gluten Free, NF - Nut Free

Please note that while we do offer gluten-free and nut free items, our kitchen is not a gluten free or nut free facility.