



March 2024

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	Entrees	**Sandwiches/Wraps, Soup/Salad	Snacks & Sides (available for a la carte purchase)
Mondays Mar 4 Mar 11 Mar 18 Mar 25	Chicken Tikka Masala (NF) Chicken Soft Tacos (NF,GF) *Three Cheese Macaroni (NF)	*Brown Rice & Bean Burrito (NF) Chicken Caesar Salad (NF) (Vegetarian upon request)	*Spiced Oven Baked Potato Wedges (DF,GF,NF)
Tuesdays Mar 5 Mar 12 Mar 19 Mar 26	*Buttered Noodles (NF) Oven Baked Chicken Strips (NF) *Spaghetti with Marinara Sauce (DF,NF)	Cheeseburger (NF) Creamy Lemon Chicken Rice Soup (GF,NF)	*Carrot French Fries (DF,GF,NF)
Wednesdays Mar 6 Mar 13 Mar 20 Mar 27	*Three Cheese Macaroni (NF) Oven Baked Chicken Strips (NF) Chicken Pesto Pasta (NF, Vegetarian upon request)	Cheeseburger (NF) Chicken Caesar Salad (NF) (Vegetarian upon request)	*Hummus & Pita (DF,NF)
Thursdays Mar 7 Mar 14 Mar 21 Mar 28	California Rolls (GF,DF,NF) Cold Asian Soba Noodles (DF,NF) *Spaghetti with Marinara Sauce (DF,NF)	Gyro Sandwich (NF) Chicken Caesar Salad (NF) (Vegetarian upon request)	*Chocolate Avocado Pudding (DF,GF,NF)
Fridays Mar 1 Mar 8 Mar 15 Mar 22 Mar 29	Fish Soft Tacos (NF) Turkey Meatloaf w/ Cauliflower Mash (NF) *Buttered Noodles (NF)	Chicken Parmigiana Sandwich (NF) Creamy Lemon Chicken Rice Soup (GF,NF)	*Mixed Berry & Yogurt Parfait (GF,NF)

* Indicates vegetarian item

** Whole Grain Bagel w/ Cream Cheese (nut free), Sunbutter & Raspberry Preserves (nut free & dairy free) ,
 Rice Crackers with Tuna Salad Spread (gluten free, nut free, & dairy free), and Cheese Quesadilla (nut free) available daily.

DF - Dairy Free, GF - Gluten Free, NF - Nut Free

Please note that while we do offer gluten-free and nut free items, our kitchen is not a gluten free or nut free facility.